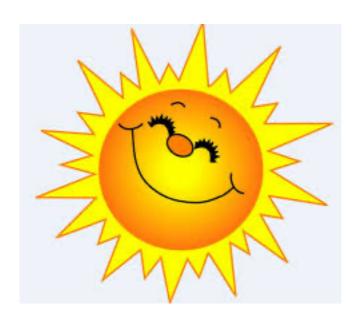
challow News





St. Nicholas Church

East Challow, OX12 9SH

Parish Eucharist

Sundays - 11.00 am

Weekday Eucharist

Thursdays - 10.00 am (30 minute said service)

Vicar: Rev John Durant

01235 766484

The Vicarage, Main Street, Grove. OX12 7LQ

Email: vicar@valebenefice.org.uk

Associate Vicar: Rev Alec Gill

07739 563894

Email: vicaralec@valebenefice.org.uk

Licensed Lay Minister: Sue Powditch

Email: Ilm@valebenefice.org.uk

Benefice Office: Grove Parish Church,

Main Street, Grove. OX12 7LQ

Open: Mon - Fri 10.00 - 12.00 Tel: 01235 771479

Email: office@valebenefice.org.uk

Churchwarden

Mrs Liz Belcher: 01235 763966

Pastoral Support

To help our Vicars Rev John Durant and Rev Alec Gill in the pastoral support of the village, Liz Belcher will be acting as the local contact within the village for those who are in need of a home visit, home communion or other support that we as a church may

be able to provide.

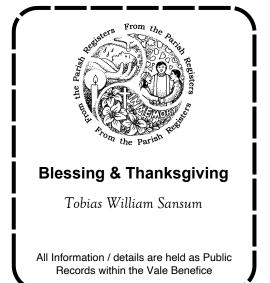
If we can help, please contact Liz on 01235 763966

St. Nicholas Church - Rotas

Week	Prayers	Sacristan	Sidesperson	Reader	Music	Flowers		Coffee
	ı		_					
1st	Philip	Philip	Frances Nigel	Alan or Ruth	Ruth	Heather	1st Sunday	Mandy
2nd	Mary	Mary	Linda Noel	Graham	Ruth	Mary		
3rd	Jenny or Jeff	Jenny	Jeff Liz	Jenny or Jeff	Graham	Jenny	2nd Sunday	Jan & Hillary
4th	Juliet	Nigel	Tricia Sue	Nigel	Graham	Mandy	3rd Sunday	Val & Barbera
	ı	ı						
5th	Jeff or Ruth	Linda or Ruth	Philip Nigel	Mary	Graham	Linda	4th Sunday	Linda & Janet
			1					
10 am Thursdays				Week	Clea	ning	5th Sunday	Sue, Frances & Tricia
4.1]]				4111111111	
1st		Mary		1 & 2	Linda & Liz			
2nd		Jenny		1 0 2			Thurs	day Services
3rd		Juliet					10.00 a	am services are
4th		Mandy		3 & 4	Mandy		susp	ended during
		·						N 4
	I	l	I	1			i /	August :

~ If you are unable to attend please arrange cover for your week ~

Sue & Tricia



5th

Nigel





you are most welcome

Page 1

St. Nicholas Church - Sunday Services' Information

			-
July 2 nd	Trinity 4	Rev Alec Gill	Genesis 22: 1 – 14 Romans 6: 12 – 23 Gospel Reading ~ Matthew 10: 40 - 42
July 9 th	Trinity 5	Rev John Durant	Genesis 24: 34 – 38 + 42 – 49 + 58 – 67 Romans 7: 15 – 25a Gospel Reading ~ Matthew 11: 16 – 19 + 25 – 30
July 16 th	Trinity 6		No Service at St. Nicholas ~~~~~ Patronal Festival at St. James, Hanney
July 23 rd	Trinity 7	Rev John Durant	Genesis 28: 10 – 19a Romans 8: 12 – 25 Gospel Reading ~ Matthew 13: 24 – 30 + 36 – 43
July 30 th	Trinity 8	Rev Robert Teare	Genesis 29: 15 – 28 Romans 8: 26 – 39 Gospel Reading ~ Matthew 13: 31 – 33 + 44 – 52
August 6 th	Trinity 9	ТВА	Genesis 32: 22 – 31 Romans 9: 1 – 5 Gospel Reading ~ Matthew 14: 13 – 21
August 13 th	Trinity 10	Rev John Durant	Genesis 37: 1 – 4 + 12 – 28 Romans 10: 5 – 15 Gospel Reading ~ Matthew 14: 22 – 33
August 20 th	Trinity 11 Green	ТВА	Genesis 45: 1 – 15 Romans 11: 1 – 2a + 29 – 32 Gospel Reading ~ Matthew 15: 10 – 20 or 21 – 28
August 27 th	Trinity 12 Green	Rev Alec Gill	Exodus 1: 8 – 2: 10 Romans 12: 1 – 8 Gospel Reading ~ Matthew 16: 13 - 20

VICAR'S LETTER - PAUSE FOR THOUGHT

Dear Friends

I attended St Mary's convent last month and the room I stayed in was named Janani Luwum. He was archbishop of the Church of Uganda, arrested for speaking against the government in February 1977 and died shortly after. Although the official account describes a car crash, it is generally accepted that he was murdered on the orders of then President Idi Amin, since his body was riddled with bullet wounds. 1977 was the year I started my theological training at St John's Nottingham where Janani had also studied in the previous year.

It may not be a very pleasant thought to consider martyrs but it certainly makes me extremely grateful that we can worship freely and, if we consider it necessary, to protest without fear against immoral and dubious practices by the powers that be.

Another such martyr was St James, fisherman, the son of the Zebedee and brother to John. Jesus called him to leave his father and fishing and follow him as his disciple. For 3 years he travelled around the country with Jesus and was often only one of 3 friends to accompany Jesus at special occasions. He was a witness to the crucifixion and saw the resurrected Jesus courageously telling others about Jesus until King Herod had James beheaded.

St James is well known around our parishes; West Hanney is dedicated to St James the Great as was the old church of Grove; and the school in Hanney is called St James too. The old church in East Hanney was dedicated to James the less (the brother of Jesus). I even found one website that said the church at East Challow used to be called St James; but I don't consider it to be reliable. At St James, Denchworth it is a little unclear as to which James is referred to, but I like to think it is James the Great whose festival falls this month on 25th July. At Hanney we will be celebrating this on 16th July before schools break up; in Denchworth on 23rd July, when the Bishop of Dorchester is coming to preach at our 6pm Evensong led by a festival choir. Both should be great occasions.

Remembering such people as James and Janani who remained true to their faith even to the point of martyrdom makes me wonder if I would have the courage to stand firm like them in face of persecution, but more positively causes me to be truly thankful that we can openly and freely profess our faith in Jesus Christ.

God bless

John

St James' symbol is the scallop shell. One later story recounts that after James was martyred in Jerusalem in the year 44, his body was taken to Spain and when the ship reached the shore a horse was spooked and fell in the water. The story goes on to say how both the horse and rider were miraculously saved and came forth from the water covered in scallop shells.



Janani Luwum's statue outside Westminster Abbey

Page 3



Challows Royal British Legion

Opening Hours

Monday - Friday from 7.00 pm

Saturday - 12.00 am - 12.00 pm

Sunday 12.00 am - 10.30 pm

Snooker & Pool Tables

Darts

Poker every Monday (Redtooth)

Bingo every Sunday

Eyes down at 8.00 pm

Challows Afternoon Club meets monthly on every 3rd Thursday from 2.00 pm Monthly Dance Night

22nd July - Retro

19th August - Aaron Cook

£7.00 on the Door \sim Non Members welcome \sim

Planning an Event or Party our Main Hall with Kitchen facilities are available to Hire

01235 763430

during opening hours

- NEWS FROM THE PEWS -

July already.... this year is flying by. We seem to have waited a long time for summer to arrive I hope it is worth waiting for. The garden is looking good, it is hard work to get everything up together but we are gradually getting things planted up, hanging baskets and the containers are all thriving at last.

The holiday season is coming up, so if you are going away I hope the weather is good to you. When I was a child we only went away on one occasion and it was quite a journey. We went from our home in East Hanney to Peebleshire in Scotland, to a farm called Craigyhall, covering the journey in an old ford van. It was the boyhood home of my Dad. We had relatives there, I even met my great grandfather, and we were treated like the long lost relations that we were. There was a bit of a language problem, we weren't used to the broad Scottish accent, my Grandparents must have toned it down a bit through living in England for many years. We had camped in the wonderful countryside, washed in the freezing cold stream and cooked on a primus stove. After a few days we headed south again and went to Dawlish in Devon. A week at the seaside, it was brilliant and the weather was perfect, it must have been a nightmare for Mum and Dad organising the trip for them and four kids. They did it though.... Never to be forgotten.

We have mallard ducklings and some tiny little moorhen chicks on the canal. I do hope they survive. There is a family of robins that have fledged in the garden it is fascinating watching the parents feeding them and the way they flutter their little wings is beautiful. The starlings arrive mob handed to invade the bird table, all the other birds scatter. I can't help liking them, though they bicker and squabble, but are always in groups so they must like each other. All things bright and beautiful, the Lord God made them all. The swifts and martins are back so everything seems on track for summer.

Along the footpaths there are lots of dog roses they look so fragile and pretty but in fact are very tough, protected by the vicious thorns of the briar. It is called a dog rose because it's roots were once believed to be a cure for the bite of a rabid dog. I am sure that theory had no scientific evidence behind it. Later on of course they develop into rose hips which are equally attractive.

The Village Community Celebration was a huge success, this year the weather was good to us and stayed sunny, there was plenty to do for all ages. The tug o' war and cricket was enthusiastically enjoyed by all the participants. Thank you to everyone who helped organise everything and of course the Cricket club for the use of their facilities. I think this is a tradition we must keep going, its good to get the village together for such a fun event.

St Swithin's Day is 15th July. He was an Anglo Saxon Bishop of Winchester who was ordained by Bishop Helmstan the Bishop of Winchester at the time. He was appointed to tutor King Egberts son Aethelwolf they became friends and when Aethelwolf became King he made Swithin Bishop of Winchester. He lived a humble life serving the poor people well. He reportedly accompanied Alfred to Rome. He was much loved for his kindness and generosity to the poor. On his deathbed he asked to be buried outside the north wall of the Cathedral so that people could pass over his grave and rain drops could fall on him. His request was granted. When in later years his body was moved inside the Cathedral, to an elaborate tomb, a dreadful storm ensued, lasting forty days, showing the disapproval of Swithin. This sparked the legend that if it rains on St. Swithin's day, it will rain for forty days after. It may not be a meteorological fact, but it is a charming thought. He was made a Saint in 984 and has been credited with many miracles.

The next Challow News will be in September so we will be preparing for our Harvest Festival all contributions will be gratefully received.

Enjoy the summer, and as always stay safe for yourself and others.

Liz



Page 5

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Diabetes timebomb: NHS to offer 'Soup and Shakes' diet

The NHS is to roll out a 'soup and shakes' diet across the UK, aimed at the tens of thousands of patients who are fighting Type 2 diabetes.

Health officials said every part of the country will be offering the regime by next March, as the

NHS tries to tackle what has been called Britain's 'diabetes timebomb'.

Pilot schemes report an average of two stone in weight loss in three months. Clinical trials seem to show that this will be enough to reverse about half of diabetes cases. The 'soups and shakes' diet is a 'total diet replacement' product, which aims to deliver 800 to 900 calories a day for 12 weeks.

Professor Jonathan Valabhji, the NHS England's national clinical director for diabetes and obesity, says: "Research is clear that weight loss, where indicated, goes a long way to helping people stay well and avoiding preventable illness, and in many cases, it can be the trigger for putting Type 2 diabetes into remission.



"It's not a new stained-glass window – the Youth Club put its skateboard ramp too close to the church's west wall!"

The Sweet Smell of Rain

Have you ever noticed the sweet, fresh smell after a downpour of rain? That 'smell of rain' is called petrichor, and it fascinates scientists. It was back in 1965 that scientists first named it. Petrichor comes from the Greek for stone, 'petra', and the golden fluid flowing through the veins of the immortals, 'ichor'.

Petrichor is produced when raindrops form air pockets on the rocks and soil, and softly force the release of aromatic chemicals trapped there. The petrichor-scented compounds drift upwards into the atmosphere as a gas, like a glass of champagne.

The odour itself comes mainly from a chemical called geosmin, which is made by bacteria in soil. Geosmin is made by soil microbes, to fend off hungry worms. Geosmin is highly pungent, and even just five parts per trillion can be picked up by the human nose.

The Rise of Sourdough

We seem to love bread. In Britain we buy 11 million loaves of the stuff every day. For years it was just the base for our breakfast marmalade or lunchtime sandwiches, until sourdough arrived.

Sourdough has exploded in popularity. Global sales are forecast to grow \$2.36bn (£1.92bn) during 2022-2026. UK craft bakers point to its flavour and perceived health benefits.

Sourdough is a seemingly simple mix of just flour, water and salt. But it isn't made with traditional bread yeast. Instead, it's fermented by lactic acid bacteria and naturally occurring wild yeasts. A single teaspoon of sourdough starter can contain 50 million yeasts and 5 billion lactobacilli (lactic acid bacteria) that originated in the environment, made a home in it while the starter was fermenting and growing. And a lot of scientists think that that is good for us.

How to keep young, as you grow old

When the US President Joe Biden announced that he was running for re-election, many of us thought he was too old. He will be 86 by the end of 2028. Trump will be 82. How could either of them run the United States at such an age?

The argument about Biden and Trump will doubtless carry on, but meanwhile, there is some encouragement for the rest of us who are ageing.

A 2012 study by the University of Edinburgh found that only about a quarter of the cognitive changes that occur as we age are determined by genetics. The other three quarters are based on our lifestyle choices.

Firstly, choose to exercise. When you exercise in any way, you are not just making your body fit, you are also improving your brain health. This is because exercise promotes the release of a cell-making protein in the brain called BDNF (brain-derived neurotrophic factor), which is linked to learning and memory.

Secondly, choose to retain a sense of control and purpose in your life. We can't all influence world politics, but we can each of us can act for the general good of the people around us. In 2022, researchers in the US found that people who have a greater sense of purpose in life not only live longer, but have fewer health problems, including depression, blood pressure problems and heart attacks.

Thirdly, choose to set yourself some realistic personal goals, no matter how small. Research shows that setting a goal — even just to lose weight, or tidy the garden, can make you feel immediately more worthwhile.

Fourthly, choose to keep spending time with other people. Remaining sociable in old age is vital – we are social animals and really do need those meaningful relationships.

Fifthly, choose to follow activities that allow you to keep learning – perhaps take up a hobby such gardening, or even begin a foreign language.



Do you suffer with back, neck or joint pain, headaches, sports injuries or arthritis?

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St. Nicholas Church

200 Club - Monthly Draw

June Results

£50 - N° 139 - Miss M. Betteridge £20 - N° 21 - Mrs H. Smith

£10 - N° 171 - Mr T. Evans

Would you like to join?

For further information please contact

Tricia Shand - 01235 764222



the.shandies@btinternet.com

200 Club

Monthly Draw

Is open for everyone to join

You dont have to be regular church goer to belong to the 200 club

>> Numbers are £2 each <<

Monthly prizes are £50 ~ £20 ~ £10

[£100 additional prize in December]

Contact Tricia Shand 01235 764222

the.shandies@btinternet.com

The Transfiguration, a glimpse of glory

The story is told in Matthew (17:1-9), Mark (9:1-9) and Luke (9:28-36).

It was a time when Jesus' ministry was popular, when people were seeking Him out. But on this day, He made time to take Peter, James and John, His closest disciples, up a high mountain. In the fourth century, Cyrillic of Jerusalem identified it as Mount Tabor (and there is a great church up there today), but others believe it more likely to have been one of the three spurs of Mount Hermon, which rises to about 9,000 feet, and overlooks Caesarea Philippi.

High up on the mountain, Jesus was suddenly transfigured before His friends. His face began to shine as the sun, His garments became white and dazzling. Elijah and Moses, of all people, suddenly appeared, and talked with Him. A bright cloud overshadowed the disciples.

Peter was staggered, but, enthusiast that he was immediately suggested building three tabernacles on that holy place, one for Jesus, one for Moses, and one for Elijah. But God's 'tabernacling', God's dwelling with mankind, does not any longer depend upon building a shrine. It depends on the presence Jesus.



instead. And so a cloud covered them, and a Voice spoke out of the cloud, saying that Jesus was His beloved Son, whom the disciple should 'hear'. God's dwelling with mankind depends upon our listening to Jesus.

Then, just as suddenly, it is all over. What did it mean? Why Moses and Elijah? Well, these two men represent the Law and the Prophets of the Old Covenant, or Old Testament. But now they are handing on the baton, if you like: for both the Law and the Prophets found their true and final fulfilment in Jesus, the Messiah.

Why on top of a mountain? In Exodus we read that Moses went up Mount Sinai to receive the sacred covenant from Yahweh in the form of the Ten Commandments. Now Jesus goes up and is told about the 'sealing' of the New Covenant, or New Testament of God with man, which will be accomplished by His coming death in Jerusalem.

That day made a lifelong impact on the disciples. Peter mentions it in his second letter, 2 Peter 1:16 – 19 – invariably the reading for this day.

The Eastern Churches have long held the Transfiguration as a feast as important as Christmas, Epiphany, Ascension and Pentecost. But it took a long time for the West to observe the Transfiguration. The feast starts appearing from the 11th and 12th centuries, and the Prayer Book included it among the calendar dates, but there was no liturgical provision for it until the 19th century.

Page 9 Page 10







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Village Community Celebration



Community Cricketers 2023

Saturday 4th June 2023 was our 2nd Village Community Day held once again up at the Cricket Club.

The weather this year was so much better than last year with glorious sunshine beaming down on the cricket field, with parasoles for protection from the sun instead of umbrellas...

The afternoon started with an adult Tug 'o' War followed by a junior Tug 'o' War for the children so that they could also be involved in the celebrations.

The Main event of the afternoon was the "Villagers Cricket Match" comprised of a good mix of ages with an even better mix of abilities which went to make it even more enjoyable to watch.

Mr Wiggy and his magic show entertained the children and the face painter was also kept busy with lots of different designs on the faces of the young ones.

With drinks available from the Club Bar, Cream Teas, Fish & Chips, Ice Creams and the glorious weather it was a brilliant afternoon to spend with fellow villagers that we hadn't seen for a while and especially for all of those that have just moved here to feel welcome in our community.

Thanks must be given to Carol & Les Cannings, Vanessa Bosley, Frances Webb and everyone else who helped to organise the day.

And a special vote of thanks must go out to all of the Cricketers.....

Thank You



Open Level Mat Pilates

9:30 - 10:30 am

Post-Natal Mat Pilates with Babies

10:45 - 11:45 am

Mondays in the Village Hall
Contact Sharon on 07973 273599

sharon.pilates.massage@gmail.com



East Challow Village Hall

Available for Private Hire

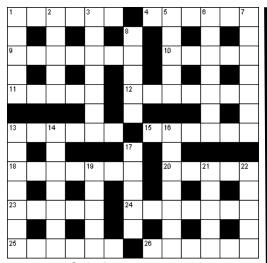
Booking Secretary

Denise Knight

01235 769933

deniseknight15@gmail.com

Page 11 Page 12



Solutions on page 22

Across	Down		
1. Tune (6)	1. Tree (5)		
4. Shriek (6)	2. Licit (5)		
9. Elaborate	3. Extreme (7)		
ceremony (7)	5. Desert plants (5		
10. Youngster (5)	6. Building (7)		
11. Plaudit (5)	7. Freedom from		
12. Dried grapes (7)	vanity or conceit (7		
13. Comfort (6)	8. Rear part of a		
15. Slapstick (6)	ship (5)		
18. Lamp (7)	13. Prominent (7)		
20. Legally	14. Soft or		
acceptable (5)	indulgent (7)		
23. Happening (5)	16. Avert (7)		
24. Coach (7)	17. Combine (5)		
25. Tallies (6)	19. Laud (5)		
26. Tiers (6)	21. Spear (5)		
	22. Sews (5)		

31st July - St Ignatius Loyola Founder of the Society of Jesus

Ignatius came from a noble Basque family in northeast Spain. Born in 1491 in his family's castle near Loyala, he was sent to serve as a page at the court of King Ferdinand V of Castile. Ignatius entered military service, but was wounded in 1521, at the French siege of Pamplona. While convalescing, he read the life of Christ, as well as the biographies of various saints.

Like those saints, Ignatius felt the call of Christ on his life, and responded. He made a pilgrimage to Montserrat (near Barcelona) where he firmly hung up his sword over the altar. He exchanged his clothes with a beggar, and settled in nearby Manresa, where he helped care for the sick in the hospital there. Then he spent some time as a hermit in a local cave, praying and studying Thomas a Kempis's book 'The Imitation of Christ'. It was probably during this time that Ignatius wrote his famous 'Spiritual Exercises' on Christian prayer and meditation. It has been valued by Christians of many traditions for centuries.

Ignatius then went on a pilgrimage to Rome and Jerusalem, studied at the universities of Barcelona, Alcala and Salamanca, and ended up in Paris to continue studies. It was there, in 1534 that Ignatius and a group of six students (including Francis Xavier) vowed to go as missionaries to Islamic Palestine.

They were prevented from travel by a war in Europe, and so, in 1537, the group, now ten in number, offered their services to the Pope. By 1540 they had been ordained, and with papal approval, formed the Society of Jesus, with a vow of personal obedience to the Pope, in addition to the traditional three monastic vows.

Ignatius became the first general of the order, and in the following 15 years the order grew hundred-fold, to become the vanguard of both the Counter Reformation and the missionary work of the Roman Catholic Church.

Ignatius died on 31st July 1556, but even today his famous prayer is treasured by Christians of all traditions:

Teach us, good Lord, to serve You as You deserve.

To give and not to count the cost.

To fight and not to heed the wounds;

To toil and not to seek for rest;

To labour and not to ask for any reward;

Save that of knowing that we do Your will;

Through Jesus Christ our Lord.

Henry Moore and his monumental sculptures

Henry Moore, the British sculptor and illustrator best known for his monumental semi-abstract bronze sculptures, was born 125 years ago, on 30th July 1898, in Castleford, a small mining town in Yorkshire. He knew he wanted to be a sculptor from an early age, having heard at Sunday school about Michelangelo's life and work. But his parents regarded sculpture as manual labour, and he trained as a teacher before joining the Army during the first world war. An ex-serviceman's grant brought him – via Leeds School of Art – to the Royal College of Art in London, where he met and later married Irina Radetsky.

In the second world war Moore became popular as a war artist – mainly through his drawings. But in 1943 he was commissioned to carve a Madonna and Child for the Church of St Matthew in Northampton.

Moore's fame as a sculptor grew quickly, with exposure in the media backed up by major exhibitions in London and Florence. In 1977, at the age of 79, he decided to establish the Henry Moore Foundation, partly for tax reasons but also to encourage "enjoyment and opportunity" in the arts – especially sculpture. It now runs his house and estate at Perry Green, Hertfordshire.

His work was not without controversy. An early 'modernist' sculpture bought by artist and poet Roland Penrose in 1937 – and put in his Hampstead garden – aroused indignation in some. Then in 1962, as a socialist, Moore sold another statue to London County Council at a fraction of its value so that it could enrich the lives of those living in a socially deprived area. It was installed on the Stifford council estate – but was vandalised and moved in 1997 to the Yorkshire Sculpture Park. The Stifford Estate was later demolished.

Just where abouts is the Church in Challow?

St. Nicholas Church is situated just off the main road through the village opposite the Village Green.

It is set back from the road and is hidden by the tall trees and a high hedge which runs along the footpath towards the bus shelter.

Entry to the church can be made through the Lych Gate or from the Village Hall car park.

The church is open every day

Going off to Uni

This month thousands of young people will be preparing themselves for the exciting prospect of going off to what they all call 'Uni' in the autumn. Parents, grandparents and godparents will enjoy a mixture of pride and apprehension. This is a major step in life: leaving home, making new friends, study without compulsion and the heady gift of 'freedom'. Amazingly, the vast majority of students survive it and love it.

As for parents, there are a few basic rules that it is well to adopt. Firstly, don't get too involved in the choice of university. Modern students are a savvy bunch. They actually do talk to their teachers, and they know their way around the internet and social media. It's highly likely that they will correctly identify the 'right' course and place for themselves. Secondly, be available (on the end of a phone) but leave them space to make the odd silly mistake. Make sure they carry on their person the number of a reliable taxi service, for that occasion when they find themselves in the early hours and far from their digs. Thirdly, don't worry about their being 'lonely'. The average student makes a friend or two in the first ten minutes of arriving in their digs – and sometimes it's for life!

Look forward to their coming home for the odd weekend, probably with some washing, but don't regret it when they go back. In fact, enjoy the experience at second-hand. And lastly, there's a lot to be said for a little daily prayer for them.



SUMMER IS HERE

The cricket season is in full flow with a home game each Saturday afternoon and Youth Cricket training on Friday nights and matches across the week

There is a league match at home each Saturday with the bar open from 12noon see our website www.challowcricket.co.uk for all of our match details

Youth Training takes place on a Friday evening until 7th July, running from 4.30pm through until 8pm – the bar is open from 4pm and the BBQ runs from 5pm until 7.30pm

There is normally something on each day at the club, whether that be a youth game on an evening, a senior match on a Saturday, or just joining the leisurely Sunday lunchtime crew for a catch up. Our opening hours are based around our matches and training, so keep an eye on the club website or Facebook page for exact details.

www.challowcricket.co.uk or @challowcricket on Facebook

There really is no better place to sit and unwind after a hard day in the office/spare room/garden, so why not call up for a cold pint and the unspoilt view of the Downs

If you would like to join the club as a member it's just £20 for the year, you can do so via our website. If you would be able to help us out in any capacity, then we'd love to hear from you! We're always looking for players, umpires, scorers, coaches and of course anyone who can give us an hour or so occasionally to do the little jobs that keep the place ticking over

Remember that everyone is welcome at Challow, membership is not required to enjoy the facilities, although it does mean we can keep you up to date with news and events at the Club

www.challowcricket.co.uk admin@challowcricket.co.uk

01235 763335

My reflection last month was correct, 'folk history' and what really happened differ as the story is retold. So I am deeply grateful to Hazel and Clive Brown, of happy memory for their work and Mary and David Mann for their continuing work.

Unsurprisingly the nastiness in the Parish at the beginning of the last century was nothing to do with the Clapham sect which was a noble group of people, which achieved

great things, like the abolition of slavery. It was all to do with the Protestant Truth Society, whose Secretary was John Kensit, his followers were called Kensitites and his increasingly violent and individualist stand was against what he believed to be romanizing tendencies in the Church of England. Indubitably the Oxford Movement had taken the Church back to more Catholic times, but the things he was ranting about, were all so trivial, and if they were even thought about now, people would laugh in total derision.

The sign that St Nicholas was sliding into Rome was that they had the Eucharist too frequently, for instance. The then Vicar, Mr Saunders, had found that in the year before he came that there had been only two celebrations in total. Since the Prayer book tells us that if we are baptised and confirmed we must make our communion at least three times a year, devout parishioners could not even fulfil their obligations in their own Parish Church. Poor Mr Saunders. John Kensit and his hooligans on the one hand, and the largest landowner in the Parish, a baptist and consistently a People's Church Warden who was against him. For, as you know, if you attend the annual meeting, whereas the electorate, both for candidates and for voters is the Church electoral roll, which is the list of regular baptised Church members. whereas the electorate for the position of Church Warden is the civil electoral roll which is only interested in your age and where you live. And vicars have the right to reject a candidate they could not work with, hence the titles Vicar's Warden and People's Warden. So Mr Saunders was lumbered with a series of People's Wardens who were patently against him.

The problem was solved when the landowner gave a piece of land for the Mission. The land was given in trust to the Baptist Church. Mr Saunders soldiered on for forty years. And much of his teaching and goodness lives on in us.

Indeed I heard a visiting priest say that he loved coming to St Nicholas, because the congregation only came to meet Jesus in his word, in the Eucharist and in each other.

All else was secondary, except the cake....

lections

Fr. Robert

Page 15 Page 16

Vale of White Horse District Council - Cllr Dr. Paul Barrow

From the Vale of White Horse District Council

The Vale Climate Action Fund has opened again for applications from town and parish councils and local groups who have proposals which aim to tackle climate change. There is £100,000 available and the fund will be open for applications until 14 July.

The Council offers financial support for community organisations as food prices continue to rise and increasing numbers of people turn to food banks for essentials. To support the voluntary food network South Oxfordshire and Vale of White Horse district councils are inviting community food groups to apply for a grant of £2,500 for essential supplies. The grants can be used to help pay for a variety of expenses including food, additional storage and energy bills.

See https://www.whitehorsedc.gov.uk/food-network-grant-scheme/

Crest Nicholson site

We have been concerned over the dumping of soil with flattening on the north side of the Crest site leading down to the footpath. This is a site where newts have been recorded frequently coming up from the pond adjacent to the Old Barn and it is this time of the year when they will be on rough pasture. We have reported this infringement to the Vale and it is now an enforcement issue. Unfortunately, the Vale is unable to give us updates but we will hear of the final outcome.

Cornhill Lane (BOAT) update

We still have no final decision on the management of Cornhill Lane by OCC Highways whose responsibility it is. A site visit had been planned and I am told that they are near a decision on management. If I were you I would not hold my breath!

The Old Mission

We are making some progress with obtaining the Mission for use by the parish and village community but it is very slow. We have had a few replies back in response to our flier in the newsletter but not as many as we had hoped. The issue of ownership and land registration is complex and rather than fill 2 pages of the newsletter about it I recommend attending the next few parish council meetings for an update.

Community Space

What started as a Village Warm Space at the CC Cricket Club has morphed into a Community Space with the aim of maintaining links between residents in an atmosphere of conviviality with tea, coffee, biscuits and sometimes cakes. We would love to see new village residents so please come in and say hello and you will be guaranteed a warm welcome. We meet every second Friday. The next meeting is July 7th , followed by July 21st.

We will then take a summer break with the first autumn meet on Friday Sept 15th.

The village is lucky enough to have two regular events like this.

The Church hosts a second one that meets after midweek communion on the 1st Thursday of the month.

New district council

The May elections have produced a new district council which will continue to try and provide good quality and affordable service for our villages. One of the medium term aims of the Vale and South Oxfordshire District Councils is producing a new Joint Local Plan to replace the existing Plan which ends in 2031. Two key aims are reducing new housing development in these areas and also to make new housing development more sustainable with more PV solar, air-source heating pumps etc to reduce running costs. (I know one resident in Letcombe Bassett who is completely self-sufficient in energy with PV solar and air-source heat exchange!). Every new development around us should already have had these installed but the old plan produced by the previous administration did not require this! It is a great shame since retro fitting is much more expensive and the developers should have been made to pay at the time! I would certainly also like to see this for all new office and industrial units. Companies should follow the example of Grove Business Park, now owned by Oxford University Endowment Management, I have pestered them to retro fit PV solar on their existing buildings to benefit the companies and the landlord. Not much luck there but this will at least be a major feature of the new proposed industrial units to be developed on this site.

East Challow Neighbourhood Plan

Connected with the Local Plan, the East Challow Neighbourhood Plan was approved by full council at a special meeting on June 13th. This now forms a part of the Local Development Plan and should give us greater control of all development in the parish.

Health

A recent meeting of HOSC, the county health scrutiny committee, looked at the negative effects of over-work and staff shortages on mental health issues in NHS staff. Staff shortage is a huge issue which is being addressed but with limited success so far. I have pressed for London Weighting for Oxfordshire to counteract the high cost of living in this county but no luck there either.

The future for Wantage Hospital is to be discussed between Oxford Health Foundation Trust, The BOB ICS and Wantage Town Council Health sub-committee.

The national and local problems with dental services have also concentrated our minds. We hadn't realised that Oxfordshire is one of the counties where water fluoridation is not mandatory. We are writing to the Secretary of State asking him to investigate this since it is recognised to reduce tooth decay and until the service is improved with a new contract for dentists it might be that – every little helps. Use of toothpaste with fluoride is also good (see www.nhs.uk/conditions/fluoride)!

Footpaths

I am still in discussions (since last February!) about the requirement to keep footpaths on the Wasborough Estate open and maintained open, especially those north of the village leading to Denchworth (and The Fox). These are potentially delightful rural walks (and circular) for dog walkers and new residents which are not currently used and are currently impassable (I have tried last weekend). Watch this space. We aim to put these on the village website also – together with the many heritage assets in the village.

Clr Dr. Paul Barrow

If you have any issues/problems please free to contact me paul.barrow@whitehorsedc.gov.uk Mob: 07557 953862

Facebook: https://www.facebook.com/Cllr-Dr-Paul-Barrow-104943001583284



nigel.langford@me.com



Thank you, Thank You, Thank You....

To all of our friends at St. Nicholas Church and in Challow.

We have lived in Challow all our married life since 1963.

We did not plan any celebrations for our Diamond Wedding Anniversary, which was just as well as David has a hip injury and is currently not very mobile at the moment. But what we experienced on June 1st was better than anything that we could have planned ourselves and was such a lovely surprise to both of us.

We began the day with a Eucharist in church. Originally this had been cancelled as it was half term, but someone informed the vicar that we would have liked to have had a service on our anniversary and he arranged for Fr. Robert to come and take the service for us.

This was an absolute joy for us, as it echoed our Wedding Day in 1963 when we had a Eucharist during our marriage service. More of our church friends arrived than we were expecting to be there, and we were given cards and some beautiful flowers. We felt surrounded by love, and it was wonderful.

On returning home where I already had an arrangement of flowers from a college friend which arrived on Wednesday, I put the flowers from church in a vase and as soon as I had finished another huge bouquet arrived from our daughter, these I arranged in two jugs. Our living room was beginning to look like a florist's display. After we had our lunch, we settled down to indulge in some nostalgia looking at our wedding album, the telegrams and cards from that special day, but before we had finished the doorbell rang, it was Vanessa Bosley with some more wonderful flowers from the parish council as a thank you for all we had done for the village over the years.

We have always enjoyed what we have done, not as chore, but as a pleasure, supporting each other, working together where possible, sparking ideas from each other. We have been so blessed. Like most couples we have had our ups and downs, but the downs have been far outnumbered by the ups and are not remembered. At this time in our lives, we are finding the narrowing of our horizons due to health and a lack of mobility very frustrating, but we are very grateful for the help that people are now giving us.

Challow has been a great place to live, even if we would disappear for weeks at a time to indulge in our lifelong love of the canals.

Again, we say thank you to everyone and God bless.

Mary and David Mann

Challows and Childrey Hedgerow Group

The Challows and Childrey Hedgerow Group will be planting 300-500m of new hedge along the eastern edge of Silver Lane (Whitelands Rd), West Challow this coming winter.



We have the approval of the adjacent landowner and the blessing of Oxfordshire County Council and are now looking for volunteers to help with planting in two sessions in November and January.

Specific dates will be announced nearer the time and training will be given.

We do hope that you will be able to join us. Please contact us if you are interested.

Hedgerows are tremendously valuable as links in the landscape connecting areas of wildlife habitat. As well as providing refuges for a great range of species they have an important role in counteracting the effects of the climate emergency by locking up carbon dioxide in their leaves and roots. With your help we can begin to enhance the natural environment of our three parishes and we hope you will join us.

Paul Barrow Paul.Barrow@whitehorsedc.gov.uk 07557 953862
Alastair Barclay ABarclay589@gmail.com 07762 925990
Kathy Warden kwarden.east717@gmail.com 07379 342608

Wild Watch ~ July / August

I would like to apologise for the slip of the pen in last month's magazine, there is no cardamon bee, the correct term is carder bee. When I was a child growing up in West Sussex, we enjoyed spoonerisms and nick

names, all butterflies, were called flutter-byes and we regularly saw humble bees and cardamon bees. My mother in law nick-named rain hats as nauseators it was a while before I realised that the rest of the world didn't call them that.

Many of our wild flowers have several common names, which vary from county to county.

Goose grass, Galium Aparine, is known variously as sticky Willy, catch weed, hitchhikers, cleavers, clivers, bedstraw, stickyweed, sticky bob, stickybud, stickyback, sticky molly, robin-run-the-hedge, sticky willow, stickyjack, stickeljack, grip grass, sticky grass, bobby buttons, whippysticks, Velcro plant, and bort. People used it to stuff mattresses, they used the roots to make a red dye, they used the leaves to create a tincture to use as a medicine, the seeds could be used to make a sort of coffee and the new growth in the spring was cooked like spinach when crops were scarce, as with many other hedgerow plants like nettles, herb Robert, Jack o lantern etc etc

I would like to see the derogatory term 'weed' dropped from common usage, we need to value and respect our native British species, they survive in our changeable climate through out the seasons, in spite of mankind, and reliably flower and grow every year no matter what.

The Lawn at St Mary's convent, Wantage has areas that have been left unmowed and bee orchids have moved in along side mouse eared hawk beard, and red clover. It looks beautiful, and I love the huge variety of wild grasses that spring up each year beside the by ways and paths, (even though the pollen makes me sneeze.) Look out for the wonderful plethora of seed heads that will emerge in all our wild places this summer, and enjoy the architectural quality of hogs weed seed heads, thistles, poppy seeds, grass heads etc,

EAST CHALLOW ~ PARISH COUNCIL

www.eastchallowpc.co.uk

Parish Council Meeting

Wednesday 12th July 2023 at 7.30pm

~ There will be no Council Meeting during the August Summer Recess ~ Wednesday 13th September 2023 at 7.30pm

All Villagers are invited to attend Parish Council meetings as observers

*Parish Councillors**

Paul Barrow, Keira Bentley, Vanessa Bosley, Trevor Hayes, Bryan Miller, Sue Terry, Frances Webb

eastchallowclerk@gmail.com

Bank Holiday ~ Waste Collection Changes

Normal Collection Day	Revised Collection Day	Which Bin
Tuesday 29 th August	Wednesday 30 th August	Green + Food + Garden

Please ensure your Waste & Recycling Bins are placed on the kerbside before **06.00** am to ensure your bins are emptied

Please return your bins to your property ASAP after collection to ensure they are not blown onto the road causing an obstruction or damage to other vehicles

All entries for the

September issue of the Challow News

Must be submitted by 15th August 2023

Email: nigel.langford@me.com

Village Community Celebrations - Sunday 4th June 2023

It went well, the weather was amazing, a memorable day.

Many thanks to all who came along to the Cricket Club, it was good to see so many had taken the trouble to support the Village get-to-gether.

Thanks to all who took part in the Villager's Cricket Match and the Tug O' War events. Thanks also to all those who helped on the day, those who provided Cakes, Prizes, Cream Tea's, Entertainment for the younger villager and to the 1st Challow Beaver's and Cubs for running an amazing Tombola stall.

VACANCY - Parish Clerk

East Challow Parish Council is looking to appoint a Parish Clerk to undertake the administration & provide clerical support for the Council.

The candidate should have good organisational, secretarial and administrative skills.

The job involves working from home for which an allowance is paid. Hours 34 per month, pay according to NALC pay scales and according to experience.

For more information please call - 07976 546826

Public Art

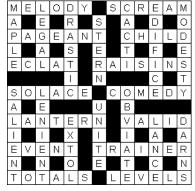
The Parish Council has been in discussion with the Vale about installing Public Art in the village. The project will be financed from S106 funding. The proposed Public Art will take the form of a Suffolk sign (similar to a pub sign) which will be sited on the A417 verge of the large grassed area between the A417 and Hedge Hill Road.

The sign will feature a local artists impression of East Challow through the

ages. It is thought that by emphasising that East Challow is a village, traffic speeds may be reduced.

In addition, the PC proposes to bury a time capsule in the foundation. Ideas for what this should contain are being collated and if the readers have any suggestions, please send them to: eastchallowclerk@gmail.com.

The proposed date for installing the artwork has not been finalised as yet but updates will appear in the Challow News in due course.





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