

Challow News

April 2023



HE IS RISEN
alleluia

St. Nicholas Church, East Challow. OX12 9SH
(Vale Benefice)



Parish Eucharist

Sundays - 11.00 am

Weekday Eucharist

Thursdays - 10.00 am

Vicar: Rev John Durant

01235 766484

The Vicarage, Main Street, Grove. OX12 7LQ

Email: vicar@valebenefice.org.uk

Associate Vicar: Rev Alec Gill

07739 563894

Email: vicaralec@valebenefice.org.uk

Licensed Lay Minister: Sue Powditch

Email: llm@valebenefice.org.uk

Benefice Office: Grove Parish Church, Main Street, Grove. OX12 7LQ

Open: Mon - Fri 10.00 - 12.00

Tel: 01235 771479

Email: office@valebenefice.org.uk

Churchwarden

Mrs Liz Belcher: 01235 763966

Pastoral Support

To help our Vicars Revd John Durant and Revd Alec Gill in the pastoral support of the village, Liz Belcher will be acting as the local contact within the village for those who are in need of a home visit, home communion or other support that we as a church may be able to provide.

If we can help, please contact Liz on 01235 763966

PAUSE FOR THOUGHT



Editor: This helpful overview is an edited version of an article that comes from:
<https://christianity.org.uk/article/the-first-easter>.

Palm Sunday & Holy Week

The events of Easter took place over a week, traditionally called Passion Week. It began on Palm Sunday. After all His teaching and healing, Jesus had built a following. On the Sunday before He was to die, Jesus and His followers arrived at Jerusalem. The city was crowded. Jewish people were arriving from to celebrate Passover. This commemorates how they had escaped from slavery in Egypt nearly 1,500 year earlier.

Jesus rode into the city on a young donkey. He was greeted like a conquering hero. Cheering crowds waved palm branches in tribute. He was hailed as the Messiah who had come to re-establish a Jewish kingdom.

The next day they returned to Jerusalem. Jesus went to the temple, the epicentre of the Jewish faith, and confronted the money-changers and merchants who were ripping off the people. He overturned their tables and accused them of being thieves. The religious authorities were alarmed and feared how He was stirring up the crowds.

On the Tuesday, they challenged Jesus, questioning His authority. He answered by challenging and condemning their hypocrisy. Later that day Jesus spoke to His disciples about future times. He warned them about fake religious leaders; the coming destruction of Jerusalem; wars, earthquakes and famines; and how His followers would face persecution.

By midweek the Jewish religious leaders and elders were so angry with Jesus that they began plotting to arrest and kill Him. One of Jesus' disciples, Judas, went to the chief priests and agreed to betray Him to them.

Jesus and the 12 disciples gathered on the Thursday evening to celebrate the Passover meal. This is known as the Last Supper. During the evening, Jesus initiated a ritual still marked by Christians – Holy Communion – which commemorates His death. Jesus broke bread and shared it and a cup of wine with His disciples.

Judas then left to meet the other plotters. Jesus continued to teach the others and then went outside into an olive grove to pray. He even prayed for all future believers. He agonised over what was to come but chose the way of obedience. The Bible book, Luke, records Him praying, 'Father if you are willing, take this cup from me; yet not my will but yours be done'. Minutes later Judas arrived with soldiers and the chief priests and Jesus was arrested.

- NEWS FROM THE PEWS -

April is an extremely busy month for the Church. We start on the 2nd of April with Palm Sunday when we celebrate our Lord's triumphant ride into Jerusalem on a donkey, which is the start of Holy Week. There will be an evening service at 7.30 pm on Wednesday 5th April and our Good Friday service is at 2pm on 7th April.

Easter Day is of course the most important Church Festival celebrating the resurrection of Christ. We will be decorating the Church for Easter so please come and join us if you would like to help out with this on the Saturday, or donate flowers.

Of course we would love to see you at any or all of the services over Easter.

It has been interesting, while out with my dog, watching the different flowers bursting into bloom. we had the snowdrops and crocuses earlier on in the year and now primroses and bluebells are in abundance in the churchyard. The trees and hedgerows, which not so long ago were stark and bare, are gradually regaining their green foliage and blossoms are appearing.

The birds are also busy nesting and raising their young, they have a busy time ahead of them, I will be looking forward to seeing the arrival of the house martins. They are amazing, coming here from Africa every year to nest and rear their families. With only a two year lifespan, I think that is remarkable.

This morning while dog walking at about 7.30 am I saw a barn owl flying alongside the field, a wonderful sight, then across the field a deer was grazing, things like that really set me up for the day. My garden, which needs a lot of tidying up, following the winter, has started to come back to life, the peony in the front garden will soon be a majestic display. We have lived in this house about thirty eight years and the peony was here and thriving when we moved in. Planning the garden and sowing seeds is an enjoyable part of spring which I look forward to every year. It's hard work, but worth it.

St. George's day the patron Saint of England, is of course on 23rd April. He is thought to have been a Roman officer of Greek descent born in 3rd Century AD in Cappadoci, he was martyred for his Christian faith, he refused to pay homage to pagan gods. His reputation for virtue and holiness spread across Europe. He was made Patron Saint of England by Edward III in 1350 when he formed the Order of the Garter, using the Cross of St George on the insignia. Shakespeare immortalised Henry V finishing of his battle speech with "Cry God for Harry, England and Saint George. He is also Patron Saint to farmers, farm workers, soldiers, archers, equestrians, shepherds, peacemakers, scouting, chivalry, leprosy, skin diseases and many more. Another busy Saint.

Please help us to mark the Coronation of King Charles and Queen Consort Camilla by having a Coronation Flower Festival with a crown jewels theme. Either come and help, donate flowers, or come up with ideas to mark the occasion. It is the weekend of Friday 5th May until Monday 8th May. Please let me know if you would like to participate, and of course we would like as many people as possible to come and look at the displays. We are planning to offer refreshments throughout the festival, (apart from the actual coronation service time, as we want to watch it as well).

As always try to keep safe for yourself and others.


Liz



St. Nicholas Church ~ Service Information

April 2nd Palm Sunday <i>Rev Alec Gill</i>	Isaiah 50: 4 - 9a Philippians 2: 5 - 11
April 9th Easter Sunday <i>Rev Alec Gill</i>	Acts 10: 34 - 43 or Jeremiah 31: 1 - 6 Colossians 3: 1 - 4 or Acts 10: 34 - 43 <i>Gospel Reading ~ John 20: 1 - 18 or Matthew 28: 1 - 10</i>
April 16th Easter 2 <i>T B A</i>	Acts 2: 14a + 22 - 32 1 Peter 1: 3 - 9 <i>Gospel Reading ~ John 20: 19 - 31</i>
April 23rd Easter 3 <i>T B A</i>	Acts 2: 14a + 36 - 41 1 Peter 1: 17 - 23 <i>Gospel Reading ~ Luke 24: 13 - 35</i>
April 30th Easter 4 <i>T B A</i>	Acts 7: 55 - 60 1 Peter 2: 2 - 10 <i>Gospel Reading ~ John 14: 1 - 14</i>

St. Nicholas Church ~ Rotas

Week	Prayers	Sacristan	Sidesperson	Reader	Music	Flowers	Coffee	
1st	Philip	Philip	Frances Nigel	Alan or Ruth	Ruth	Heather	1st Sunday	Mandy
2nd	Mary	Mary	Linda Noel	Graham	Ruth	Mary	2nd Sunday	Jan & Hillary
3rd	Jenny or Jeff	Jenny	Jeff Liz	Jenny or Jeff	Graham	Jenny	3rd Sunday	Val & Barbera
4th	Juliet	Nigel	Tricia Sue	Nigel	Graham	Mandy	4th Sunday	Linda & Janet
5th	Jeff or Ruth	Linda or Ruth	Philip Nigel	Mary	Graham	Linda	5th Sunday	Sue, Frances & Tricia
10 am Thursdays							Week	Cleaning
1st		Mary		1 & 2	Linda & Liz			
2nd		Jenny		3 & 4	Mandy			
3rd		Juliet		5	Sue & Tricia			
4th		Mandy						
5th		Nigel						

~ If you are unable to attend please arrange cover for your week ~

Easter 2023

Palm Sunday ~ 2nd April

Psalm 31: 9 - 16 or 118: 1 - 2 + 19 - 29

Monday ~ 3rd April

Psalm 36: 5 - 11

Tuesday ~ 4th April

Psalm 71: 1 - 14

Wednesday ~ 5th April

Psalm 70

Maundy Thursday ~ 6th April

Psalm 116: 1 - 2 + 12 - 19

Good Friday ~ 7th April

Psalm 22

Easter Day ~ 9th April

Psalm 118: 1 - 2 + 14 - 24



Wednesday 5th April

7.30 pm

Evening Service with Holy Communion

Good Friday

2.00 pm



Easter Day

11.00 am

Morning Service with Holy Communion

He is risen.... come celebrate the resurrection



HAPPY EASTER



Challows Royal British Legion

Opening Hours

Monday - Friday from 7.00 pm

Saturday - 12.00 am - 12.00 pm

Sunday 12.00 am - 10.30 pm

Snooker & Pool Tables

Darts

Poker every Monday
(Redtooth)

Bingo every Sunday

Eyes down at 8.00 pm

Challows Afternoon Club
meets monthly on every 3rd
Thursday from 2.00 pm

Monthly Dance Night 15th April - Ian McKellar

£7.00 on the Door

~ Non Members welcome ~

Planning an Event or Party
our Main Hall with Kitchen facilities
are available to Hire
01235 763430
during opening hours

TOPICAL TALK

Happy Birthday, Cadbury Crème Egg

Cadbury Crème Eggs celebrate their 60th birthday this Spring. They have a lot to celebrate: the Creme Egg is the best-selling confectionery item between New Year's Day and Easter in the UK, with annual sales of more than 200 million eggs, worth about £55 million.

Cadbury Crème Eggs were first created by the British chocolatier Fry's in 1963, before being renamed by Cadbury in 1971.

Don't miss out on your sleep

A new study has found that people who do 'all-nighters' for work or study are stressing their brains. Sleep deprivation makes your brain look, and work, like it is two years older.

The good news is that getting just even three hours of sleep is enough to keep it normal.

And also, the study by scientists at Forschungszentrum Jülich, a national research institution in Germany, found that even a single night of recovery sleep reverses the damage of an 'all-nighter'.

Sleep deprivation has also been found to slow down our cognitive functions. We tend to make poorer decisions, be muddled in our memories, get into a bad mood, and feel very irritable.

D. O'SULLIVAN

DRIVES ~ PATIOS ~ PATHS ~ FENCING

~ Blockpave ~ Shingle ~ Concrete ~

~ Paving Slabs ~ Garden Walls ~

Pressure Cleaning

Patio's and Driveways

For a Free Quotation

Contact us Today

01367 244509 or 07917 113552

14 conversations to have with your neighbours at a King's Coronation street party

We have all known that awkward moment at a party, when your conversation with a stranger suddenly dries up. But if you are going to one of the King's Coronation street parties next month, you don't need to worry.

An information pack called the Coronation Big Lunch 'conversation menu' has been published, offering 14 handy ideas for keeping the conversational ball rolling. The ideas range from asking your neighbours whether they have ever met a member of the Royal Family, to what is their favourite way to spend a bank holiday. The 'menu' even includes a couple of jokes you can tell, if you get really desperate.

More than a million people, and more than 7,000 street parties and community events, have so far signed up to the Coronation Big Lunch initiative.

Buckingham Palace is hoping the celebration will bring neighbours together across the country. Certainly, chatting with our neighbours is no longer common. One poll from 2019 found that half of us had not chatted over the garden fence or outside our homes in at least a month, while almost one in five of us have never spoken to our neighbours at all.

The Coronation Big Lunch will take place on Sunday, 7th May, the day after the King and the Queen Consort are crowned at Westminster Abbey.

More than 17.2 million people took part in Big Lunch events last June, for the Queen's Platinum Jubilee.

Remembering the Royal Yacht Britannia

Seventy years ago, on 16th April 1953, Queen Elizabeth II launched the Royal Yacht Britannia. It was decommissioned in 1997. The Royal Family no longer owns a royal yacht.

Britannia was the 83rd such vessel since King Charles II acceded to the throne in 1660, but the first Royal Yacht to be built with complete ocean-going capacity and designed as a Royal residence to entertain guests around the world.

She was decommissioned in 1997, when the Government decided she was too expensive to repair, although she had raised £3 billion in commercial days between 1991 and 1995. Moves have been made to replace her, but they have so far come to nothing. She is currently moored in Leith, Edinburgh, and attracts 300,000 visitors a year.

Built by John Brown & Co, one of the world's most famous shipyards, she was commissioned into the Royal Navy on 11th January 1954, and on 22nd April sailed into her first overseas port, Malta. In 44 years, the Britannia sailed the equivalent of once round the world each year, calling at over 600 ports in 135 countries.

Britannia's final mission was to bring the last Governor of Hong Kong, Chris Patten, back from Hong Kong after its handover to the People's Republic of China in July 1997. The Queen was reported to have shed a tear at the decommissioning ceremony, which was attended by most of the senior members of the Royal Family.

All the clocks on board are stopped at 3:01pm, the time the Queen was piped ashore for the last time.



National Stop Snoring Week 18th to 22nd April

Do you love and also live with someone who snores? Then you will know how difficult it can be at times. Snoring **can put great strain on the health and relationship of both partners.**

For this reason, the British Snoring & Sleep Apnoea Association (BSSAA) runs the National Stop Snoring Week, to encourage people to seek help with their problem. It warns that: 'snoring will not go away – it will only get worse if not addressed.'

Sadly, snoring affects a large portion of the adult population. It can range from gentle vibrations to whistles to very loud growling. The noise of snoring is well known to be one that cannot be tolerated for long without disrupting sleep.

Long-term snoring can even be an indicator of a potentially serious sleep disorder known as obstructive sleep apnoea, which is found in 4% to 10% of adults.

So if someone in your home snores, you may find the following websites helpful:

The British Snoring & Sleep Apnoea Association (B.S.S.A.A.) : <https://britishsnoring.co.uk>

Mayo Clinic: <https://www.mayoclinic.org/diseases-conditions/snoring/>

NHS: <https://www.nhs.uk/conditions/snoring/>

All entries for the MAY Issue of the Challow News

Must be submitted by

> > **15th April 2023** < <

Email: nigel.langford@me.com



*Do you suffer with back, neck
or joint pain, headaches, sports
injuries or arthritis?*

Main Clinic, East Challow
and
Wantage Health Centre

01235 821 800

Bupa network approved and registered with most
other healthcare insurers



info@progressivephysiotherapy.co.uk
www.progressivephysiotherapy.co.uk



Have your
Flyers or Leaflets
Inserted & Delivered
along with the
Challow News

* * * * *

£15



nigel.langford@me.com

200 Club

Monthly Draw

Is open for everyone to join

You don't have to be regular church goer to
belong to the 200 club

> > Numbers are £2 each < <

Monthly prizes are

£50 ~ £20 ~ £10

[£100 additional prize in December]

Contact Tricia Shand

01235 764222

the.shandies@btinternet.com

CONFIRMATION

7th May

The Bishop of Dorchester

+ Gavin Collins

will be leading a
Conformation Service
in one of the
Benifice Churches

If you'd like to be Confirmed
please contact

Rev John Durant

01235 766484

vicar@valebenefice.org.uk

Reflecting Faith – Easter Flowers

Many types of flowers are used in churches, but during Easter, there is one that is especially loved: the Easter Lily. It is a tall, stately flower topped by large, graceful, white trumpet-shaped blooms.

While commercial bulb production of Easter lilies only began in the 19th century, Easter lilies make many appearances in both the Old and New Testaments, emphasising the flower's importance to Christianity. King Solomon spoke of them, and Christ referenced them, too.

These strikingly beautiful flowers are highly perfumed, with the central stamens covered in bright yellow or orange pollen. Unfortunately, the pollen can be a hazard, as it can permanently stain cloth due to chemicals it contains! For this reason, good florists and especially church flower arrangers will remove all the stamens before bringing them anywhere near church fabrics, or near to where ministers wearing white might brush against them.

It's thought that Easter lilies came to symbolise Christ because they embody purity - the trumpet-shaped blooms recall the horns that heralded the resurrection of Christ. This is also why lilies are identified with the Virgin Mary, and in artworks depicting the Annunciation to the Virgin they are often found in the angel Gabriel's hand.

The second reason that Easter lilies represent Christ is because of their life cycle. Each one grows from a bulb that for several years has lain quietly beneath the earth, before growing tall and stately, and blossoming into magnificent flowers. What a picture of Jesus' life and resurrection!

This month

Have a look around the church over Easter. Daffodils and Easter lilies are often displayed, because they are the first flowers of spring, when Nature is being reborn. Their life after the death of winter reminds us of the Resurrection. For we cannot imagine the death and the passion of Christ without having in mind the empty tomb, radiating hope. Christ's death has no meaning without His Resurrection.

The launch of 'Bell Sunday' in May

If you like church bells, you will be pleased to hear that there is now an 'official' Bell Sunday – this year to be held on 14th May.

It will be held each year on the Sunday closest to 19th May. That is because 19th May is the feast day of St Dunstan, who way back in the 11th century had fun in experimenting with bell-forging. (Does anyone know if any of his bells have survived?)

The Central Council for Church Bell Ringers (CCCBR) has declared Bell Sunday to encourage churches to celebrate their bells and ringers in Sunday worship.

The CCCBR hopes that many local church towers will join in, and that, where possible, churches will open their towers to the public on the day, so that visitors can watch the bells being run.

The Central Council's spokeswoman, Vicki Chapman, says: "With co-operation between church and bell-ringers, it may be possible for bell-ringers to be involved in a service on the day. Bell ringers could read lessons, give a talk, and demonstrate the playing of handbells. The church service could include bell-related hymns, bell-related prayers, and even bell-shaped biscuits with the after-service coffee.

"We hope that Bell Sunday will help raise awareness of the importance of bells in our communities, and also help strengthen relationships between clergy and bellringers."

**Advertise
in the Challow News**



nigel.langford@me.com



OUR SPRING OFFERING

As Spring/Summer gets ever closer we are preparing for another busy summer season but until then our Bar opening times will generally be

Monday	CLOSED
Tuesday	CLOSED
Wednesday	4pm – 7pm
Thursday	4pm – 7pm (10pm when Darts match is on)
Friday	4pm – 7.30pm
Saturday	CLOSED
Sunday	11am – 3pm

The clubhouse is available to hire for a range of events through the 'close season' either during the day or in the evening, and makes a superb setting for your birthday, anniversary, christening or wake.

Please contact us to discuss your function requirements; we will always look to do whatever we can to make your event a success.

If you would like to join the club as a member it's just £20 for the year,
You can do so via our website.

We also require bar staff to cover some of our bar openings both during the weekday evenings and occasional outside events when the clubhouse has been hired on weekend evenings. For full details and rate of pay please e-mail us in first instance.

Remember that everyone is welcome at Challow; membership is not required to enjoy the facilities, although it does mean we can keep you up to date with news and events at the Club

www.challowcricket.co.uk
admin@challowcricket.co.uk

01235 763335

Maundy Thursday

-Time to wash Feet-

Maundy Thursday is famous for two things. The first is one of the final acts that Jesus did before His death: the washing of His own disciples' feet (see John 13). Jesus washed His disciples' feet for a purpose: "A new command I give you: Love one another. As I have loved you, so you must love one another." His disciples were to love through service, not domination, of one another.

In Latin, the opening phrase of this sentence is '*mandatum novum do vobis*'. The word 'mundy' is thus a corruption of the Latin 'mandatum' (or command). The ceremony of the 'washing of the feet' of members of the congregation came to be an important part of the liturgy (regular worship) of the medieval church, symbolising the humility of the clergy, in obedience to the example of Christ.

But Thursday was also important because it was on that night that Jesus first introduced the Lord's Supper, or what we nowadays call Holy Communion.

Jesus and His close friends had met in a secret upper room to share the Passover meal together - for the last time. And there Jesus transformed the Passover into the Lord's Supper, saying, 'this is my body' and 'this is my blood' as He, the Lamb of God, prepared to die for the sins of the whole world. John's gospel makes it clear that the Last Supper took place the evening BEFORE the regular Passover meal, and that later Jesus died at the same time that the Passover lambs were killed.

**innas_cleaning_service**
near you



Inna's CLEANING

07410 752 795

Domestic Cleaner Extraordinaire



WidLilly I never had a cleaner home!!!
Always on time, friendly and easy going. Thank you!

JayneT613 Great communication and wonderful results, all for just £15ph! AMAZING!!!

Empty Blister Pill Packs



Please do not bin your empty blister pill packs. I am collecting them for the Marie Curie charity who recycle them to raise money to further their work and research.

Please either put them through my letterbox at "Kemgisel", Sarajac Avenue ('Semi' with a yellow double garage door) or put them in the labelled bag hanging from the notice board in church.

Thank you... Mary Mann

Shaun Guard TV & WIFI SERVICES

- **Aerials** - supplied & repaired also poor reception solved
- **Satellite** - Sky Q upgrades, discreet dish installation
- **Internet** - black spots cured, internal & external data cables installed
- **TVs** - hung on your wall or set up and tuned



OXFORD **AERIALS**

www.oxfordaerials.co.uk shaun@oxfordaerials.co.uk

Call us on 01235 239622



J J Woodage

**ALL ASPECTS OF GROUNDS MAINTENANCE INCLUDING
ALL TREE WORK * CERTIFIED AND FULLY INSURED**

OUR SERVICES INCLUDE:

Tree pruning ✦ Tree removal

Crown lifting ✦ Crown reduction

Hedge cutting ✦ Hedge reduction

Garden clearance ✦ Garden renovation

A professional and reliable service at an affordable price

Tel: 01235 766893 Email: woodagedtrees@gmail.com



Cornerstone Café can cater for your next event

Our platters can cater
meetings, parties and funerals

Contact us for more
information

01235 772280

Office@cornerstonegrove.org.uk



Cornerstone Christian Centre is a Registered Charity No. 1046923
Registered Office: 10 Neville Way, Grove, Watlington, OX12 7PP Company No. 3060710 V.A.T. No. 685-6254-96

PRIZE BINGO

Saturday 1st April

East Challow

Village Hall

Eyes Down 7.00pm

(Doors open at 6.15pm)

In aid of

1st Grove Brownies



Girlguiding

Oxfordshire

girls in the lead

Why the stars are fading

By the time a child born today becomes an adult, they may be able to see fewer than half the stars that are currently visible.

This is not because the stars are fading, but because of ever increasing 'skyglow', or light pollution, which is brightening the night sky by 9.6pc on average each year.

So warn researchers at the German Research Centre for Geosciences. And the Royal Astronomical Society (RAS) says that the change could see some of the fainter constellations – such as Cancer – fading away, along with astronomical features like the Orion nebula and Andromeda galaxy.

“At this rate of change, a child born in a location where 250 stars are currently visible, would be able to see only about 100 by the time they turned 18,” said one scientist.

Too much artificial light at night not only impacts our ability to see the stars, but affects animals and plants, who rely on daily and seasonal cycles to determine behaviour and physiological processes.

The researchers published their work in the journal Science.

Easter morning, the 'Other' Mary

As the traditional Easter story is rehearsed again this month, you may notice that there is one name that frequently occurs. It is that of the 'other' Mary – not the mother of Jesus, but Mary of Magdalene, who stood by her at the cross and became the first person actually to meet the risen Christ.

That's quite a record for a woman who, the Gospels tell us, had been delivered by Jesus from 'seven devils' – New Testament language for some dark and horrible affliction of body, mind or spirit. As a result, her devotion to Him was total and her grief at His death overwhelming.

In church history Mary Magdalene became the 'fallen woman' a harlot who was rescued and forgiven by Jesus but there is no evidence to prove she was a 'fallen woman' but the contrast is sublime, Mary the virgin mother, the symbol of purity. Mary Magdalene, the scarlet woman who was saved and forgiven, the symbol of redemption. Surely, we all fall somewhere between those two extremes.

The dark cloud from which she was delivered may have been sexual, we are not told. What we do know is that the two Marys stood together at the cross, the Blessed Virgin and the woman rescued from who knows what darkness and despair.

The second great moment for her was as unexpected as it was momentous. She had gone with other women to the tomb of Jesus and found it empty. An angelic figure told them that Jesus was not there, He had risen – and the others drifted off. But Mary stayed, reluctant to leave it like that. She became aware of a man nearby, whom she took to be the gardener. She explained to him that the body of 'her Lord' had been taken away and she didn't know where to find Him.

The man simply said her name 'Mary' and she instantly realised it was Jesus. She made to hug Him, but He told her not to touch Him because His resurrection was not yet complete. She was, however, to go to the disciples and tell them she had met Him. She did – but they wouldn't believe her.

Her words – 'I have seen the Lord' – echo down the centuries, the very beating heart of the Christian gospel.



"Police? This is St Mary's Ladies' Knitting & Vigilante Circle. We've detained two gents trying to nick the church silver."

Village Hall

Our next committee meeting is on 26th April @ 19:30 It would be really nice to see some of you attend at least one of these meetings during the year.

It is after all your hall to use and is in need of new faces and ideas

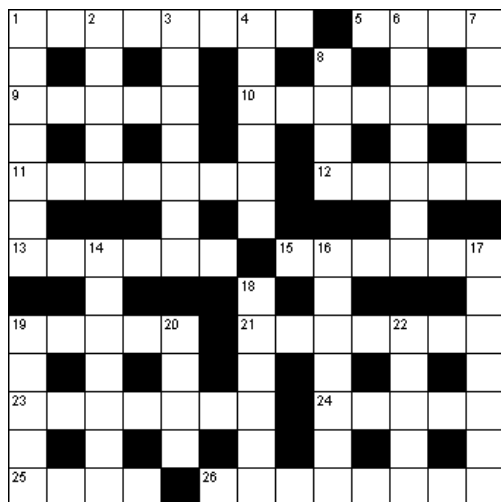
You can also send us ideas, complaints, and compliments via e-mail to any of the committee members to raise at one of the meetings

chair.ecvh@gmail.com

treasurer.ecvh@gmail.com

enquiries.ecvh@gmail.com

deniseknight15@gmail.com



Solutions on Page 22

Across

1. Peril (8)
5. Rim (4)
9. Similar (5)
10. Extinct elephant (7)
11. Aromatic seasoning (7)
12. Wild feline (5)
13. Gaped (6)
15. Winner (6)
19. Go in (5)
21. Farmer's calendar (7)
23. Italian red wine (7)
24. Inexperienced (5)
25. Luxuriant (4)
26. Fierce (8)

Down

1. Envious (7)
2. Mediterranean fruit tree (5)
3. Norm (7)
4. Type of plum (6)
6. Shortage of rainfall (7)
7. Used as an anaesthetic (5)
8. Leave out (4)
14. Achieves (7)
16. Vast (7)
17. Wealthiest (7)
18. Of the sea (6)
19. Surpass (5)
20. Rip (4)
22. Dissonance (5)



Open Level Mat Pilates

9:30 - 10:30 am

Post-Natal Mat Pilates with Babies

10:45 - 11:45 am

Mondays in the Village Hall

Contact Sharon on 07973 273599

sharon.pilates.massage@gmail.com

WANTED

Record Collections

LP's - Singles & Memorabilia

Rock - Blues - Folk - Jazz - Reggae

Large or Small

Collections in Ex Condition

> Cash Paid <

Please Call

07789 158485 or 01235 760383

East Challow Village Hall

Available for Private Hire

Booking Secretary

Denise Knight

01235 769933

deniseknight15@gmail.com

Community Notice Board

Save the Date.....

SUNDAY 4TH JUNE

Village Community Celebration

Join our Community Cricket and Tug of War teams
for a fun friendly amateur afternoon of Sport, Tombola,
Lucky Dip, Side Stalls, Ice Creams, Fish & Chips etc.

1.00 pm - 6.00 pm

Challow & Childrey Cricket Club

~ FREE ENTRY ~

WE are A
Community



WE are A
Community



WE are A
Community

King Alfred Quilters

5th April - Draw, Sew, Trim - A talk by Katalin Horvath

7pm East Challow Village Hall

19th April - Sewing Morning Challow & Childrey Cricket Club 10am - 2pm

Visitors and New Members are always welcome. You do not have to be a member to come along to one of our evening talks and demonstrations, (£5.00 entrance fee for non members), but we are sure once you have seen some of the lovely handmade items and been inspired you might want to join us to have a go

However, our sewing mornings are for members, if you would like to join our morning group then please pop along and speak to one of our committee members either on an evening meeting or a daytime one, or you can contact us on one of the numbers below.

We are a friendly bunch and can offer help and advice, and welcome members of any level and age and our programme of events is varied throughout the year.

We look forward to seeing you.

For more information, please contact

Janice Miller 01235 771552 or Helen East 07763 923000

Council Tax.

The Vale budget has been finalised and published. You may be surprised to know that the Vale continues to charge one of the lowest district council tax rates in the country. The budget includes a below-inflation increase in Council Tax of 3.4 per cent for 2023-24. For a Band D property, this equates to £5 a year (just under 10p a week), bringing a total charge of £151.69 a year (£2.91 per week) - which is more than 25 per cent lower than the national average.

Increases in Council Tax are never popular but we hope that this below-inflation increase is at least acceptable to most residents. The increase was approved at full council by all councillors from every party.

Household help.

Although the Vale has now closed the Household Support Fund and are no longer accepting any new applications for this fund, help is still available for anyone struggling with the high cost of living. Applications already received are currently being processed and all applicants will be informed about whether their application has been successful or not. As there are a high volume of applicants, anyone who has not yet heard back is advised not to contact the councils or advice centres about their applications so that teams can focus on working through the applications - these are being worked through on a first come, first served basis.

Support is still available through the council's Community Hub team who offer a wide range of advice, including information on free or affordable food banks and council tax support. The Community Hub Team can also help to signpost people for debt advice and other cost-of-living support and provide information on housing support as well as guidance on how people can look after their mental health and wellbeing. Anyone in need of support can contact our Community Hub team during office hours on 01235 422600 or they can email communitysupport@southandvale.gov.uk

Please let any neighbours know about this if they do not use the internet.

We have spent £139,615 to help people with the rising cost of food and energy bills and added £60,000 to funds from the county council to boost the money available to provide support when it's most needed.

Vale EV charging points.

The Vale District Council's installation of Electric Vehicle chargers at its car parks has seen charging volumes double in its first six months. In June last year 62 EV chargers were installed across five of the council's car parks in Abingdon, Faringdon and Wantage as part of the county-wide Park and Charge scheme. The number of charging sessions has gone up by 60 per cent in the first six months of installation. During the same period the average amount of electricity consumed has doubled, meaning that people are now using them for longer charges. Since the first chargers went live in summer 2022 there have been 3,631 charging sessions in the first full six months, which equates to around 169,000 EV miles. This represents a saving 45,863kg of CO₂ if those miles had been driven in a petrol or diesel car. This sounds like something for a pub quiz, doesn't it!

East Challow Neighbourhood Plan.

We are reaching the final steps of the Neighbourhood Plan which should allow us to have more control over any additional development we have in the village and parish – particularly after the proposed changes to National Planning Policy which also strengthens Neighbourhood Plans. We are going through the final checks to our Plan with the Vale and this should then be followed by the final referendum which will take place on May 4th which will be the same date as the local election. This would mean that the Plan will come into effect immediately if passed although not formally completed for up to 8 weeks.

Childrey Way.

Although the withdrawal of school transport for the children of Childrey to King Alfred's primarily affects the children in Childrey requiring the kids to cross Childrey Way in its appalling condition and sometimes in the dark but also crossing at the bottom of Letcombe Hill, in our village where visibility is not always good and where traffic goes too fast. We are hoping that the County Council will reverse this ridiculous decision which has huge child safety implications.

The Mission.

Many will have seen that we have had some nice publicity in the Herald about our plan to save The Mission as a community asset and centre.

Cllr Dr. Paul Barrow

Paul.Barrow@whitehorsedc.gov.uk

<https://www.facebook.com/Cllr-Dr-Paul-Barrow-104943001583284>

District Councillor for Ridgeway Ward

Voter ID requirement

From 4 May 2023, voters in England will need to show photo ID to vote at polling stations in some elections.

This will apply to:

Local elections

Police and Crime Commissioner elections

UK parliamentary by-elections

Recall petitions

From October 2023 it will also apply to UK General elections.

If you don't have accepted photo ID, you can apply for a free voter ID document, which is known as a Voter Authority Certificate.

Find out more about accepted forms of photo ID, how to apply for a free Voter Authority Certificate, and what to expect on polling day.

<https://www.electoralcommission.org.uk/i-am-a/voter/voter-id?gclsrc=aw.ds>



Festival of Flowers

Friday 5th May - Monday 8th May

This years flower festival will be to celebrate the Coronation of
King Charles III & Camilla Queen Consort

Theme for the Festival is

" The Crown Jewels "

If you love flowers please get involved with making a
floral arrangement or just bring some flowers along to
help decorate the church on Thursday 4th May

Everyone is welcome to take part in this village event

~ For more details contact Liz: 01235 763966 ~

S. J. ACKRILL

BUILDING AND DECORATING CONTRACTORS

ESTABLISHED OVER 60 YEARS

VAT No. 198 9173 96

The Croft,
Letcombe Hill, East Challow
Wantage, Oxon. OX12 9RW

01235 769728

07831 247130

sjackrill@gmail.com



Wild Watch

Throughout March and April hedgehogs start to come out of hibernation. This varies according to the temperature and weather.

During hibernation a hedgehog will reduce its heartbeat from 190 beats a minute to a barely detectable 20 beats per minute. Breathing slows to one breath every few minutes and its body temperature drops from around 35°C, to 10°C. The hedgehog will feel cold to the touch and to all intents and purposes will look dead. It however isn't, it has reduced body function to a bare minimum to allow it to use as little energy as possible to survive the winter months. However it is important that the core temperature does not drop below 1°C as frostbite can occur, or the hedgehog can freeze solid.

In very extreme low temperatures brown fat reserves cause the hedgehog to wake from hibernation so frost bite doesn't occur and prompting the hedgehog to move and find a more insulated nest.

By the time March arrives fat reserves are running very low and this prompts hedgehogs to start coming out of hibernation. A hedgehog will have lost around one third of its body weight during its winter sleep.

When hedgehogs wake in the spring after such drastic weight loss they can look very disoriented and weak, sometimes looking quite wobbly on their feet. They usually will look for water first and then food. Hedgehogs are very vulnerable when they first wake up and we can help in the following ways; by providing easy to reach water and food and to check our gardens are free from stored clutter that may pose a threat to a weak and disoriented hedgehog.

Hedgehog hospitals are already busy with injured hogs brought in with horrific injuries caused by human gardening activities.

- Check before you clear, cut back or carry out work on any shrubs or bushes.
- Check first before putting a spade or fork into the compost heap.
- Check under sheds or any structures in the garden before removing them if you are replacing them- hedgehogs like to nest in that gap under garden sheds and patio decking.
- Check before you mow or strim the grass.

Finally please let us know if you see any hedgehogs this spring.

Juliet jgteare@yahoo.co.uk



Keeping Well in 2023

There will be a Health and Wellbeing Event in the Beacon on
Saturday 22nd April from 12 - 4 pm

This is being organised by Church Street and Newbury Street Patient Groups and will include informative talks and demonstrations from local groups and health care professionals. So please join us to find out more about what exciting activities are available in and around the area to enable you to enjoy a healthier and more fulfilled lifestyle

For more details see our website <https://wellbeing.ox12.org>.

EAST CHALLOW ~ PARISH COUNCIL

www.eastchallowpc.co.uk

Vale of White Horse District Council Local Elections - 4th May 2023

If you wish to stand as a Parish Councillor
completed nomination forms must be delivered in person to
The Vale, Abbey House, Abingdon, OX14 3JE

Easter Bank Holiday ~ Collection Changes

Normal Collection Day	Revised Collection Day	Which Bin
Tuesday 11 th April	Wednesday 12 th April	Brown + Green + Food

***Please ensure your Waste & Recycling Bins are
placed on the kerbside before 06.00 am to
ensure your bins are emptied***

Please return your bins to your property ASAP after collection to ensure they are not
blown onto the road causing an obstruction or damage to other vehicles

Village Sports Facilities

The Parish Council would like to encourage enthusiastic
people to join them in forming a working group with a view to
planning for the future and improving the facilities within the
Village Sports and Recreation area.

**If you are interested in being involved with this
please contact the Parish Clerk**

DOG FOULING

Please clean up after your Dog

Dog fouling is becoming a problem again throughout the Village.

This is unpleasant for all and it spreads diseases which can cause illness and even blindness.



The person in charge of the dog which is fouling a footpath, highway, verge or other open space to which the public have access to, is responsible for cleaning it up.

Thank you to everyone who puts their dog poo in bags

~ Please put the bag in the bins provided ~

Parish Council Meeting

Wednesday 12th April 2023 at 7.30pm

All Villagers are invited to attend Parish Council meetings as observers

Parish Councillors

Vanessa Bosley: (Chair) 01235 764068

Frances Webb (Vice Chair) 01235 765176

Trevor Hayes, Paul Barrow, Iris Game, Sue Terry

Clerk to East Challow Parish Council

Linda Hooper

East Challow Parish Clerk

C/O 35 Woodhill Drive

Grove, Wantage, Oxon

OX12 0DE

07774 405472

eastchallowclerk@gmail.com

J	E	O	P	A	R	D	Y		E	D	G	E
E		L	V	A		O		R		T		
A	L	I	K	E		M	A	M	M	O	T	H
L		V	R		S		I		U		E	
O	R	E	G	A	N	O		T	I	G	E	R
U				G		N			H			
S	T	A	R	E	D		V	I	C	T	O	R
		T				M		M				I
E	N	T	E	R		A	L	M	A	N	A	C
X		A		E		R		E		O		H
C	H	I	A	N	T	I		N	A	I	V	E
E		N		D		N		S		S		S
L	U	S	H		V	E	H	E	M	E	N	T

LJ & CA
Cannings

Garden Machinery Centre
Sales - Service - Hire - Repair



- After Sales Support
- Friendly Service
- Garden Machinery Hire for Trade & DIY
- Collection & Delivery Service available



STIGA®

Mountfield

Local Dealer

*Dickies Workwear - Buckler Boots
PPE - Hoggs of Fife Country Clothing*



- Special Weekend Hire Rates
- Competitive Prices
- Friendly Service
- Parking



Trade & DIY Hire Centre
Plant & Tool Hire

LJ & CA
Cannings

Challow House Farm, Main Street, East Challow, OX12 9SR
Tel: 01235 763103 www.ljcannings.co.uk

A helping hand to shape your land