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February 2019

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St. Nicholas Church, East Challow
(Vale Benefice)

Services.

Sundays: Parish Eucharist 11.15am

Thursday Weekday Mass 10am



Vicar Rev John Durant

The Vicarage Main St Grove OX12 7LQ

Telephone: 01235 766484 Email: vicar@valebenefice.org.uk

Associate Vicar Alec Gill,

Tel: 07739 563894 Email: vicaralec@valebenefice.org.uk

Churchwardens

Mrs Ruth Pepler tel 01235 762197

Mrs Linda Hopkins tel 01235 767121

Parish Council

Chair: Ms V. Bosley, Coach Row, Main Street, East Challow
Telephone: 01235 764068

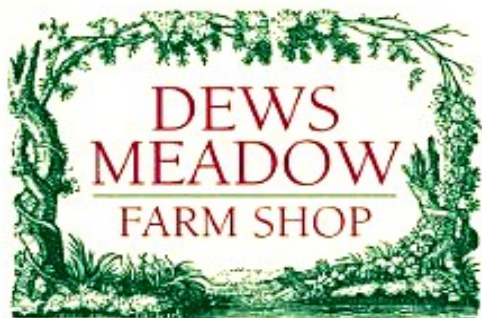
Clerk: Sheryl Sanders, 5 Hedge Hill Road, East Challow,
OX12 9SD

Tel 01235 760394 Email eastchallowpc@gmail.com

The Parish Council Meeting takes place in the Village Hall at
7.30pm on the 2nd Wednesday of the month.

Villagers are invited to attend.

Village Hall Booking Secretary: Denise Knight 01235 769933



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Psalm 23



Sunday 10th February at 4pm

Please join us for a Service at The Mission, East Challow

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For more details, please contact:

E-mail , contactthemission@challowmission.org.uk

Telephone , [0795 860 2364](tel:07958602364) or [01235 771322](tel:01235771322)

Is there anybody familiar with or willing to learn how to use microsoft
Publisher software who could spare some time to help assemble Challow
News around the 15th of the month, if just occasionally or as a backstop?

Please contact editors

All entries for **March 2019** Challow News
to be received by **February 15th** please.

If you would like to place an advert for your business in Challow News
or just send in an item about things happening in the village .
please contact us for more information.

To :- Pat & Dave Hudson (01235) 760526. mob 07787 120044
Westview House, Faringdon Road, East Challow, OX12 9TH.
Email entries can be sent to david66hudson@gmail.com

Oxfordshire Fire and Rescue Service—Cooking Fires

All it takes is one distraction

Did you know that 1 in 3 people rescued from house fires in Oxfordshire are rescued from cooking fires? Or that distraction is the main cause of cooking fires?

It's easy to get distracted - the phone rings, someone's at the door or a TV show catches your attention. If you need to leave your cooking, even for a couple of minutes:

- turn down the heat
- set the timer
- or ask someone to watch it for you

Or could find that Oxfordshire Fire & Rescue Service firefighters join you for dinner!

Find out more at: www.365alive.co.uk/cooking

Don't let the sparks fly this winter

Nearly 50% of all chimney fires in Oxfordshire happen during

January, February and March. If you enjoy cosying up in front of a log fire, make sure the sparks don't fly at home this winter.

Have a cosy home not a fire zone

- Get your chimney swept at least once a year, if you regularly have log fires get it swept more frequently
- If you have a 1st floor fireplace check that it is clear of debris

Store logs away from the fireplace

Vicar's Letter

Dear Friends

It's really annoying when we get an "ear-worm"; a part of a song that just keeps going around our head. You can't turn it off, turn it down or skip to something different. It just keeps repeating itself, over and over and over again.

There are also times when we repeatedly play over in our minds words or phrases that have been said about us: "I can't do this", "I am no good", "I always mess this up..." These "tracks" that play in our thoughts can hold us back, damage our self-image and destroy our confidence.

At times, I find myself repeating the negative comments that I have heard others say about me or I just beat myself up with my past failures. I have felt the negativity that these thoughts bring; holding me back from getting on with things, stopping me giving my best or limiting my enjoyment of what I am doing. It can take a great deal of effort to remind myself that I am okay, I have achieved things before and I can surprise even myself in what I am capable of doing.

Recognising what these negative thoughts are, for each of us, can be the start of a journey to change these messages and alter the way we see ourselves. It is not just a matter of pressing the pause button on such thoughts. But, switching them for other more positive views that can help us change the way we see ourselves and affect the things that we do.

I recently read again Paul's encouragement to his friend and pupil Timothy; "For God did not give us a spirit of cowardice, but rather a spirit of power and of love and of self-discipline". These words challenge me to keep seeing myself as God's sees me and to define myself by what I can do and not what I can't do. To be bold in my actions, caring in my relationships and discerning with my choices.

All I need to do now is just get this pesky tune out of my head!

God bless, Alec

Pastoral Support

To help our Vicars Revd John Durant and Revd Alec Gill in the pastoral support of the parish Liz Belcher will be acting as local contact within the village for those who are in need of a home visit, home communion or other support that we as a church may be able to provide. If we can help please contact Liz on 01235 763966

February 10th 9.30 FAMILY SERVICE

Exploring Worship

Interactive story
Craft and Refreshments.

All welcome

In 2019 the family service will always be on the second Sunday of the month

News from the Pews

We would like to thank everyone who helped over Christmas, the flower arrangers for the beautiful displays they did for us, the stunning tree and Advent Wreath, the crib, and of course all our lovely services.

Thank you to Ruth for the comfortable cushions for use in church and the draught excluder both of which she kindly made.
I know they have been used.

Please could we remind everyone about the rotas which we are about to do for the next few months. Please let Sue Swift or Linda Hopkins know of any dates when you are unavailable.

We are always looking for volunteers who could spare some time to help with various jobs at church. We always appreciate assistance, however small. Please let either PCC members or either of the churchwardens know.

Thank you RP/LH

St Nicholas Church 200 Club

December winners

£100 No 130 Donated back to church

£50 No 35 Mr R Bustany £50 No: 171 Mr T Evans

£20 No 87 Mrs P. Shand £20 No 28 Mr C Swift

£10 No 95 Mr R Daley £10 No 20 Donated Back
to Church

January winners

We would welcome any new members to the 200 club.
If you would like to join, please contact Tricia Shand—01235 764222
or email: the.shandies@btinternet.com

PARISH COUNCIL

ALLOTMENTS There are plots available for rental. Please contact the Parish Clerk for further information.

REFUSE BINS A reminder: Please ensure that you remove your waste/recycling bin from the kerbside as soon as possible after the waste collection. Bins on Main Street are a particular problem.

PARKING A reminder that there is an overflow carpark at the Village Hall for vehicles if other designated parking is unavailable. Please do not park on grass verges.

DOG FOULING There continues to be a high incidence of dog fouling in the village. This is unpleasant for all and it spreads diseases, which can cause illness and even blindness. Under the Dogs (Fouling of Land) Act 1996 a person who is in charge of a dog must clean up after it when it fouls any footpath, highway, verge or other open space to which the public have access. It is therefore a crime to allow a dog to foul in any public area without clearing it up. Those that fail to do so could face a fine or even prosecution. Please clean up after your dog.

PARISH COUNCIL MEETING The next Parish Council meeting will take place in the Village Hall at 7.30 pm on Wednesday 13 February 2019. All villagers are invited to attend parish council meetings as observers and there is a 10 minute public discussion time early in the meeting when you can raise any matter you wish with the council. The minutes of each meeting are available on the website.

PARISH COUNCILLORS:

Vanessa Bosley (Chairman): 01235 764068 Frances Webb: 01235 765176 Iris Game: 01235 770412 Ruth Vigor- Hedderly: 07860 136965 Sarah Parker : 01235 762565

Sheryl Sanders: Clerk to East Challow Parish Council.

e-mail: eastchallowpc@gmail.com. Tel 01235 764068



St. Nicholas C of E Primary School

East Challow, Wantage, Oxon, OX12 9RY



Life in all its fullness John 10:10

Community Respect Hope Forgiveness Courage Friendship

Last term Reception and Key Stage 1 had two fantastic performances of the 'Wiggly Nativity' at the village hall. A group from Key Stage 2 went to Framlands to sing Christmas Carols to the residents and we are looking forward to returning at Easter time to share some poems and songs.

This term Year 6 have been to the fire station in Oxford to take part in Junior Citizen. The visit involves each child experiencing a scenario which could arise during daily life and they are taught a variety of skills and suggestions to safely deal with it.

In February we are looking forward to welcoming local author Kita Mitchell to come and share some of her work with KS2. Year 5 and 6 girls are currently training with Mr Chadwick, the Academy PE teacher, in preparation for a rugby tournament.

KS1 are going to the Downland Museum in Wantage to learn about Victorian life. The children will be exploring the female heroes of the Crimean War, looking at Mary Seacole, Florence Nightingale and Elizabeth Davis.

It was lovely to see some of you at our Christmas Community Carols at the end of the term.

Our next community event will be in Term 4, look out for the posters.

Elise Keymer



Headteacher: Mrs E. Keymer

Telephone: 01235 763858

Email: office@challowce.org Web: www.st-nicholas-pri.oxon.sch.uk



Readers

Feb 3 5 th before Lent	J. Teare
Feb 10 4 th before Lent	P. Rumsey
Feb 17 3 rd before Lent	M.Mann
Feb 24 2 nd before Lent	C.Swift
Mar 3 next before Lent	R.Pepler

February Rotas

Ezekiel 43.27-44.4
1 Corinthians 13.1-13
Isaiah 6.1-8
1 Corinthians 15.1-11
Jeremiah 17.5-10
1 Corinthians 15.12-20
Genesis 2.4-9,15-25
Revelation 4.1-11
Exodus 34.29-35
2 Corinthians 3.12-4.2

Date	Sacristan	Sidesman	Coffee	Cleaning
3 Feb	R. Bustany	R. Bustany S. Giles	M. Perkins	J. Penfold
10 Feb	P. Pepler	L. Belcher F. Webb	J. Brown H. Smith	
17 Feb	J. Penfold	D. Hudson P. Hudson	Ody Family	S. Giles
24 Feb	S. Swift	D. Mann T. Shand	V. Webster L. Hopkins	
3 March	R. Bustany	R. Bustany S. Giles	M. Perkins	L. Hopkins
Date	Intercessions	Flowers	Thursday Sacristan	
Feb 3	P. Hudson	J. Penfold	Feb 7	M. Mann
Feb 10	J. Brown	M. Mann	Feb 14	M. Perkins
Feb 17	J. Penfold	L. Hopkins	Feb 21	M. Perkins
Feb 24	M. Mann	J. Teare	Feb 28	S. Swift
March 3	P.Pepler	S. Swift	March 7	S. Swift

If you are unable to take your turn, please arrange to swap or get someone to step in.

It would be very helpful if you would amend the copy on the church notice board. Thank you.

Church Fellowship Meeting

Tuesday 19th February 7,30pm.

at 'Kemgisel', Sarajac Avenue

Mitres and Guillottes

an illustrated talk about a cruise to St. Neots
involving canals, rivers, drains and tides.

Votive Candle Stand

I have suggested that we should adapt the stand to one that takes tea lights in sand, this being a safer and cleaner option than candles.

Cleaning the present stand which becomes clogged with soot and wax is dirty and time consuming, not easily done in church. Wax gets on the floor and is difficult to clean. Many Cathedrals use tea lights in this way.

If you have any thoughts on this matter speak to one of the church wardens or myself.

Mary Mann

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Day: Tuesday **Time:** 9.45-11.15am **Venue:** East Challow Village Hall

Age: 0-5 years **Contact:** 01235 376037

This group is FREE but donations are welcome.

Please LIKE our Facebook page: **Grow Families**

Village News

King Alfred Quilters

Are you looking for a new hobby or are you an existing sewer and wanting to meet new and like minded people then look no further.

East Challow King Alfred Patchwork and Quilters Group meet on the 1st and 3rd Wednesday of the month in East Challow Village Hall at 7.30pm Visitors and new members are always welcome.

If you would like to come along to see what we are about then please do, we are a friendly bunch and can offer help and advice.

Alternatively perhaps you might be able to offer help to others with your knowledge and experience. Refreshments are always on hand and our programme of events is varied and includes outings and workshops throughout the year. We look forward to meeting you.

Programme for February

6th February - Sew & Chat

19th February -Sashiko Workshop

20th February - Bindings



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